



## WATCH LEARN & EARN

Self-Study Module



### GUEST PRESENTER

## Mark Crist, PharmD, BCPS, BCGP

Clinical Pharmacist - Physical Medicine &  
Rehabilitation | The Ohio State University Wexner  
Medical Center

### Objectives

At the conclusion of this session,  
attendees will be able to:

- Review patient and system-related factors that lead to polypharmacy
- Summarize interprofessional screening tools to identify high-risk drug for deprescription
- Outline how and interprofessional team can coordinator managing polypharmacy and deprescribe medications.
- 

# “Systemwide Approach to Improving Overprescribed and Problematic Polypharmacy”

*Created from a recording of the  
February 26, 2024, Monday Noon CME Conference.*

#### Learner Instructions:

To obtain CME credits for this activity, the learner must watch the recording, then complete the survey monkey posttest/evaluation link. Resources have been provided for learners below.

**Accreditation:** Licking Memorial Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

**Designation:** Licking Memorial Hospital designates this enduring material activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Presenters Disclosure:

Mark Crist, PharmD, BCPS, BCGP, faculty for this educational activity have no relationships with ineligible companies to disclose.

**Planners and Reviewers Disclosure:** The following Medical Education Planning and Library Committee members of this activity The following Medical Education Planning and Library Committee members of this activity \*Craig B. Cairns, M.D., M.P.H., Chair, Vice President Medical Affairs; Bashar Alawad, M.D., Hospital Medicine; Emilia N.U. Anigbo, M.D., Pulmonology; Garth A. Bennington, M.D., Family Practice; Joseph E. Fondriest, M.D., Radiology; Thomas Hagele, M.D., Dermatology; John P. Lazar, M.D, Pediatrics; Henry Y. Lu, M.D., Anesthesiology; May U. Mbah, D.O., Hospital Medicine; Elizabeth W. McIntosh, M.D., Family Practice; Nicole C. Miller, D.O., Pathology; D’Anna N. Mullins, M.D., Oncology; Gurunathan Palani, M.D., Endocrinology; Elizabeth A. Yoder, D.O., Psychiatry; Virginia Andrews, R.N., Quality Manager; Jean L. Glaser, RPh, Pharm D, Director of Pharmacy; Stephen J. Gombos II, MT(ASCP), Director of Laboratory; Christine Long, BSN, RN, Risk Manager; Kimberly M. Mathis, Patient Experience Manager; Lorei A. Kraft, BS, MT(ASCP)SH, Assistant Vice President Laboratory and Oncology Services; Brian K. Thatcher, Director of Quality Management and Process Improvement; Haley Williams, MHA, MLS (ASCP)™, Infection Preventionist; Angela J. Wallace, MSN, R.N., Director of Surgery; Janet Wells, Medical Staff Services Manager, and Jessica Adamson, CME Coordinator, which are planners, reviewers, for this educational event. Individuals identified have no relevant financial relationship(s) with ineligible companies to disclose. These committee members are not personally compensated for their role.

#### ACTIVITY INFORMATION

Created: 2/19/2024 Review Due: 2/19/2026

Active Period: 2/19/2024 – 2/19/2026

Activity Duration: 1 hour to complete.

Activity media: Video recording of Friday Noon CME.

Audience: Appropriate for all primary care and specialty physicians, along with clinical care partners and clinical staff.

#### RESOURCES:

Chan M, Plakogiannis R, Stefanidis A, Chen M, Saraon T. Pharmacist-Led Deprescribing for Patients With Polypharmacy and Chronic Disease States: A Retrospective Cohort Study. J Pharm Pract. 2023 Oct;36(5):1192-1200. doi: 10.1177/08971900221097246. Epub 2022 May 6. PMID: 35522029.

<https://pubmed.ncbi.nlm.nih.gov/35522029/>

Kim AJ, Lee H, Shin EJ, Cho EJ, Cho YS, Lee H, Lee JY. Pharmacist-Led Collaborative Medication Management for the Elderly with Chronic Kidney Disease and Polypharmacy. Int J Environ Res Public Health. 2021 Apr 20;18(8):4370. doi: 10.3390/ijerph18084370. PMID: 33924094; PMCID: PMC8074256.

<https://www.mdpi.com/1660-4601/18/8/4370>